



**“I feel like a spring chicken again!”**

*– Lula Santos*

This past March 23, Lula Santos suffered a stroke that left her unable to speak or walk. “I was feeling tired that day and had a pounding headache,” Lula says. “The last thing I remember was sitting on the couch.”

Lula chose to have her inpatient rehabilitation at Southwestern Medical Center, which offers physical therapy, occupational therapy, speech-language pathology, rehabilitation nursing, nutrition and other services, all under the direction of a Medical Director. She was very impressed with her care team. “They are the best people in the world,” says Lula, who lives in Foster. “I could not have asked for better care. Everything they did for me was wonderful. I don’t think I would be here today without them.”

Lula’s son, Leonard, was also impressed. “I think the end results really show the quality of care my mother received at Southwestern Medical Center,” he says.

Indeed, the progress Lula made in just a few weeks was remarkable. “Those people got me back on my feet!” Lula says. “Now I’m walking all over my five-acre farm and feeding my 10 chickens again. I’m walking to my mailbox, doing the dishes and laundry, and handling the stairs in my house. I’m speaking well, too. Even the droop in my mouth is gone. I’d recommend Southwestern Medical Center to anybody. I credit them with getting me back to living a normal life!”

